



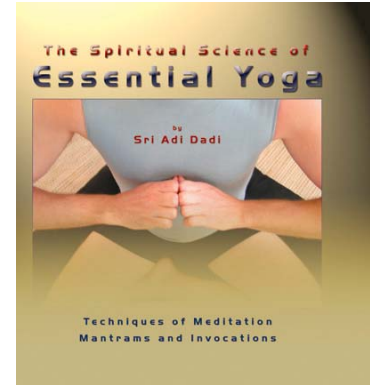
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The Spiritual Science of Essential Yoga

**Techniques of Meditation, Mantrams and Invocations
Volume 1**

Sri Adi Dadi



“Very nicely done!”

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- Comments from judges at the 2005 Benjamin Franklin Book Awards
